



Bulb Suction Drain/Wound Care

POST-OPERATIVE INSTRUCTIONS

INTRODUCTION

Please read and familiarize yourself with these instructions. By following them carefully, you will assist in obtaining the best possible result from your surgery. Please do not hesitate to ask any questions that should arise.

INSTRUCTIONS

1. For pain or discomfort, please use either Tylenol (acetaminophen) as directed on the label, or any pain medications that your Doctor may prescribe.
2. Do not drive or consume any alcoholic beverages when taking prescribed pain medicine.
3. Elevate your head while sleeping. Avoid sleeping on the operated side.
4. Take it easy! No bending, lifting or any type of straining until your Doctor states that it is okay to do so.
5. Start cleaning the wound with ½-strength hydrogen peroxide and water on a Q-tip twice a day.
6. After cleaning, apply a light coat of Bacitracin or Bactroban ointment (available in your local pharmacy) to the wound but NOT to the drain site.
7. DO NOT shower or get the operated area wet while the drain is in.
8. Empty and record the amount of drainage from the bulb at least once a day and more frequently if needed.
9. To Empty the Bulb:
 - Pinch off a portion of the tubing near the wound to make sure it is sealed.
 - Only then, open the bulb and pour out the contents in a measuring container.
 - When the bulb is empty, while squeezing the bulb to let the air out, seal the bulb once again.
 - At this point, you may stop pinching the tubing.