



Drain/Wound Care

POST-OPERATIVE INSTRUCTIONS

INTRODUCTION

Please read and familiarize yourself with these instructions. By following them carefully, you will assist in obtaining the best possible result from your surgery. Please do not hesitate to ask any questions that should arise.

INSTRUCTIONS

1. For pain or discomfort, please use either Tylenol (acetaminophen) as directed on the label, or any pain medications that your Doctor may prescribe.
2. Do not drive or consume any alcoholic beverages when taking prescribed pain medicine.
3. Elevate your head while sleeping. Avoid sleeping on the operated side.
4. Take it easy! No bending, lifting or any type of straining until your Doctor states that it is okay to do so.
5. Start cleaning the wound with ½-strength hydrogen peroxide and water on a Q-tip twice a day.
6. After cleaning, apply a light coat of Bacitracin or Bactroban ointment (available in your local pharmacy) to the wound but NOT to the drain site.
7. DO NOT shower or get the operated area wet while the drain is in.
 - After the drain is out you may shower after 24 hours.
 - To shower: GENTLY run the water over the wound and use a mild soap to clean the wound, then quickly dry the area thoroughly.
 - DO NOT soak the wound in a bath.
8. Please call if any of the following develop:
 - Temperature greater than 102°F.
 - The wound becomes significantly more tender, red and swollen over several days.
 - If purulence or yellow discharge drains from the wound.
 - If you have any other questions or concerns.