



Pre-Op Instructions

Your surgical care coordinator is available for all your questions. Please feel free to call her directly to help make your proposed surgery as stress-free as possible.

It is very important that you have given the Doctor and/or Surgical Coordinator all your **pertinent medical history**.

If you are taking Aspirin, Motrin, Aleve, Advil, or any other medication(s) that thins your blood, please stop 1-2 weeks prior to surgery.

If you are taking any medications for a medical condition, please consult with prescribing physician and Surgical Coordinator to discuss what/when you should discontinue.

If you are scheduled to have **allergy testing**, please discontinue any antihistamines 7-10 days prior. Call us if you need a list of medications you need to discontinue. Please contact your insurance company to verify your benefits for allergy testing. (CPT code is **95028**)

If you have any **disability paperwork**, please give this to the office. Your surgeon will advise you on how long you will be out of work. If you are unable to return to work on that date, please be advised that the Doctor must be notified immediately since they must have a reason to continue your disability from work. **If you choose to stay out of work without notifying and/or getting the approval from the Doctor, you may not qualify for disability for all the time you have chosen to be out of work.**

Make sure your **Post-Operative appointment** has been scheduled.

You will receive a call from the Surgical facility a day or two prior to your procedure. They will discuss general pre-op instructions, time you need to arrive, fasting requirements and anything specific to your scheduled surgery.

If we have requested an estimated payment, please provide the office with this payment 7-10 days prior to surgery.

You may be responsible for additional payments due the surgery facility and anesthesiology. Please contact them directly.